WE MUST INVEST TO PROGRESS

Our mission and focus remains where it has always been—serving the people of southern Illinois.
WE MUST INVEST TO PROGRESS

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While much is changing in the landscape of healthcare across America, one thing that has not changed is Southern Illinois Healthcare's commitment to improving the health and well-being of all of the people in the communities we serve. In order to accomplish this, SIH physicians and staff work to continually improve the care provided for our patients. In addition, SIH embarked on a number of new initiatives and capital projects, all designed to increase the advanced level of healthcare for southern Illinois.

Excitement filled the air as SIH introduced new, comprehensive cancer care services with the opening of the SIH Cancer Institute this past March. Along with these advances, a wide variety of other services throughout the system were enhanced and expanded as you will review in this annual report.

The future continues to pose challenges to the healthcare industry, but we remain focused on the needs of our communities with new medical specialties, recruitment of talented new physicians, and significant capital projects at Memorial Hospital of Carbondale and Herrin Hospital.

As we invest to progress, we intend to live out our mission each and every day while simultaneously balancing the financial realities of the rapidly changing healthcare industry. Our mission and focus remains where it has always been—serving the people of southern Illinois.

A MESSAGE FROM OUR PRESIDENT & CEO, REX BUDDE

REX BUDDE
President and CEO,
Southern Illinois Healthcare
2014 was a watershed moment for Southern Illinois Healthcare as we celebrated Herrin Hospital’s 100 years of continuous service to the communities. From its modest beginnings as Baker-Gardiner Hospital in 1914, Herrin Hospital has grown into a modern, fully-equipped 114-bed progressive facility with national accolades in orthopaedic, bone and joint, rehabilitation, cardiac, stroke, and bariatric care.

The hospital is not just a regional healthcare provider, but also an economic driver for the community; Herrin Hospital is one of the region’s largest employers with over 900 employees and 258 credentialed physicians on staff. No story about Herrin Hospital would be complete without praising the care and commitment of its many employees through the years and those that currently serve. It is common for employees to be recognized for 20, 30 and 40+ years of service. Side by side with these employees are 75 members of the Auxiliary; these dedicated volunteers operate the Gift Garden, deliver mail, greet and assist patients, families and visitors, and have donated $1,000,000 back to the hospital since their inception in 1986.

At no time in its storied history has the hospital slowed down or stood still; it has expanded over the years and continued to add services to improve the health and well-being of the patients in the communities it serves. With an eye to the future, the hospital broke ground in July 2015 on a seven-suite operating room expansion to facilitate advancements in high complexity, minimally invasive surgeries. The next 100 years will be filled with even more opportunities as Herrin Hospital continues to advance and improve in order to care for patients.
<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1914</td>
<td>Baker-Gardiner Hospital built by Dr. Griff Baker and son, Carl</td>
</tr>
<tr>
<td>1918</td>
<td>Hospital purchased by Dr. J.T. Black; name changed to Herrin Hospital</td>
</tr>
<tr>
<td>1946</td>
<td>Southern Illinois Hospital Corporation purchases Herrin Hospital</td>
</tr>
<tr>
<td>1985</td>
<td>Completion of $1,031,000 addition including 48 new beds</td>
</tr>
<tr>
<td>1985</td>
<td>$3.8 million expansion completed</td>
</tr>
<tr>
<td>2006</td>
<td>$19 million, 50,000 square foot expansion and renovations (lobby,</td>
</tr>
<tr>
<td></td>
<td>inpatient units, nurses stations, rehabilitation and diagnostics);</td>
</tr>
<tr>
<td></td>
<td>addition of Healing Garden</td>
</tr>
<tr>
<td>2010</td>
<td>Completion of $7.5 million Emergency Department expansion</td>
</tr>
<tr>
<td>2015</td>
<td>Groundbreaking $23.7 million modernization, expansion of surgical</td>
</tr>
<tr>
<td></td>
<td>services</td>
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</tbody>
</table>
With over 5,600 staffed beds, the health systems within The BJC Collaborative spans a service area that includes a population of approximately 11 million.

- 5,600 Staffed Beds
- 59,400 Employees
- 7,600 Affiliated Physicians
- $69.7 Million

The Collective Purchasing Power of BJC Collaborative Has Totaled Over $69.7 Million in Savings Through 2014

In 2014, The BJC Collaborative members recorded 1,011,600 Emergency Department visits and 284,600 inpatient admissions.

Building a strong online presence is critical in an increasingly digital world. In January 2015, the SIH Medical Group launched a new website. SIHMedicalGroup.net is now the online home for over 200 southern Illinois providers and practices.

The SIH Medical Group website offers a clean and modern design that is easy to navigate regardless if viewed using a desktop, smartphone or tablet. The website’s navigation elements, text, images, video players and other elements automatically adjust for the end user. This results in a better experience with the added benefit of being more cost effective to maintain and manage. The responsive web design used is recommended by major search engines and therefore improves the site’s SEO (search engine optimization) helping you search for a provider or specialty healthcare to find the site faster.

SIHMedicalGroup.net is organized so that you can browse by specialty, provider or location. Each specialty’s page offers an overview of available care as well as a full list of relevant providers. If you are interested in learning more about a particular Physician, Nurse Practitioner or Physician Assistant you can also view the individual provider’s full profile online. Profiles provide detailed information such as educational background, board certification, professional interests and languages spoken. Each profile also includes the provider’s practice location and Google Map integration for easy access to directions. The SIH Medical Group website helps you easily find a provider that is right for you.

The website also provides patient resources such as the Consent and Authorization for Minors Form, Health Care Assistance Program Application, Release of Information Form, New Patient Form, Notice or Privacy Practices and Personal Representative Authorization Form. All of these are readily available for patients to complete in advance of an appointment saving them time.

SIH MEDICAL GROUP IS NOW ONLINE

SIHMedicalGroup.net can help you stay connected before, during and after your care.
When SIH’s strong commitment to patient quality, outcomes, and solid financial position caught the attention of a renowned healthcare organization in the Midwest just two years ago, it paved the way for a prestigious invitation. SIH joined the BJC Collaborative in 2013, a coalition consisting of BJC Healthcare and four additional not-for-profit hospitals throughout Missouri, Illinois and eastern Kansas. While remaining independent, members of the BJC Collaborative share best practices and combine organizational resources to secure optimal group purchasing rates in an effort to increase the quality of care at lower costs. The collective purchasing power alone of BJC Collaborative members has totaled over $69.7 million in savings through 2014.

SIH also continues to work with the BJC Collaborative in areas of clinical development such as shared nursing education and training programs in the areas of oncology, critical care, neurology and pediatrics. Through this ongoing effort, SIH and St. Louis Children’s Hospital built a telemedicine program that provides maternal-fetal ultrasounds to women in southern Illinois today.

Steps to better coordinate care between SIH and BJC in particular transformed care for local patients. We now have an SIH patient navigator on-site in St. Louis to better coordinate the transition of care with their local providers. With profound changes in healthcare at the national level, the individual strengths of each Collaborative partner combines to share regional expertise and an even higher level of quality patient care.

Social share and follow buttons also leverage the power of social media to increase SIH Medical Group’s online visibility. The website connects you to the official Facebook page, where updates appear on a regular basis. Social plug-ins are embedded at the top of each webpage so you can quickly share information via email, Facebook, Twitter or over 280 different social networks. Without leaving the site you can send a link via email to recommend their family doctor or post on Facebook to mention a positive experience.
Memorial Hospital of Carbondale Breaks Ground on Surgery Expansion

The demand for more complex surgical care takes more space and time.

“It’s time to expand the facility to give our patients what they deserve and to give our specialists adequate space and technology to take care of patients,” said Memorial Hospital of Carbondale Administrator, Bart Millstead, as leaders broke ground August 7, 2014, on a $52 million modernization and expansion.

The project is the answer to demands on the hospital, which has operated at near maximum capacity for some time. In addition, Memorial is expected to see a 40% increase in ICU utilization and a 17.5% increase in medical/surgical utilization over the next five years.

According to Millstead, the recruitment of additional physicians and specialists has led to more complex surgical cases at the hospital, in areas such as cardiac surgery, neurosurgery, surgical oncology, colorectal surgery, orthopedics, gynecology, ENT and many more.

“We’ve seen the demand for our specialty services increase over time,” Millstead continues. “Patients want access to expert care that is close to home. We want to make sure their needs are met.”

According to Chief of Surgery, David Clutts, MD, these newer specialty physicians also bring the need for new technologies that require more room. “What seemed like a lot of operating room (OR) space 14 years ago now looks very crowded,” said Clutts. “This project will create a much better experience for patients and their families, as well as, a better environment for the staff.”

The project is a product of great collaborative and strategic efforts. “We’ve analyzed carefully, prioritized and planned stewardly; anticipating the complexity of the healthcare arena,” said Southern Illinois Healthcare President and CEO, Rex Budde. “We must invest to progress. I’m confident this project is one that will answer the call for patients, physicians and staff as well.”
“What seemed like a lot of operating space 14 years ago now looks very crowded. This project will create a much better experience for patients and their families, as well as, a better environment for the staff.”

DAVID CLUTTS, MD
Chief of Surgery  Memorial Hospital of Carbondale

“WE MUST INVEST TO PROGRESS.
I’m confident this project will answer the call for patients, physicians and staff as well.”

REX BUDDE
President & CEO  Southern Illinois Healthcare
This year, St Joseph Memorial Hospital staff made the world of endoscopy, such as colonoscopy, a little more comfortable. A recent expansion/remodeling project was completed March 2015, just as the United States recognized colon cancer awareness month.

Endoscopy is the process of using specialized scopes with cameras to enter the mouth or the rectum to evaluate the digestive tract. If abnormalities are found, like polyps (growths that can turn into cancer), they can be removed on the spot.

The unit at St. Joseph is already recognized for their excellence in quality by the American Society for Gastrointestinal Endoscopy. The expansion to four endoscopy suites is an answer to the nationwide efforts spreading awareness of colon cancer prevention. It also provides more access to care as physicians are tasked to control population health.

Colorectal cancer continues to be the third most diagnosed cancer in Illinois. As a nation, we are starting to make a difference. Southern Illinois Healthcare facilities saw an 18 percent increase in screenings over the last year.

Generally it's not a test people look forward to, but most are surprised that it's usually not as bad as imagined. “It's awesome to be able to identify a treatable condition before it turns deadly. It also gives patients peace of mind when they have a negative screening,” said Fred Hall, St. Joseph Memorial Hospital Surgical Director.

For the test you are given light anesthesia. Most have no recollection the study happened at all. It typically feels like you’ve awakened from a nice nap without a “hungover” feeling.

While patients may wince at the idea of the study, there's no denying the amazing benefits.

Colorectal cancer is one of the most treatable cancers if you find it early. And if you’re not high risk, unlike other screenings, it’s only an every-10-year screening.

“I have often heard people tell me that they are embarrassed or shy to have a colonoscopy or to discuss it with their doctor,” said Dr. Satyadeep Bhattacharya, colorectal surgeon with SIH Medical Group. “However, I believe that the benefits of screening are so great that we should talk about it as a society and make it common knowledge – so that the average person does not feel awkward any more. Together, we can make a difference.”
SIH Medical Group Plastic & Reconstructive Surgery practice is led by a plastic surgeon that is dedicated to this region and passionate about helping the patients of southern Illinois. Kelli Webb, MD, is originally from southern Illinois. She graduated from Southern Illinois University Carbondale and pursued medical school at SIU in Springfield. She completed a six year integrated plastic and reconstructive surgery residency where she served as Chief Resident.

SIH Medical Group Plastic & Reconstructive Surgery offers reconstructive surgery, cosmetic surgery, non-surgical cosmetic procedures, hand surgery, pediatric procedures and wound care. The practice offers a range of aesthetic treatments by a facial consultant and sells a high-end product line for advanced skin care products that rejuvenate skin.

The mission of SIH Medical Group Plastic & Reconstructive Surgery is to provide the most personal, comprehensive and highest quality reconstructive and cosmetic surgery care for patients of southern Illinois. Our goal is to be the plastic surgery practice of choice and be an office which patients and referring physicians enjoy dealing with because we consistently exceed their expectations.
SIH CANCER INSTITUTE

The Dream Becomes a Reality

Built by the community, for the community
It is with a feeling of joy and accomplishment that the community was invited to participate in the unveiling of a medical milestone for southern Illinois – the first comprehensive, dedicated cancer center!

In a project that was built by the community through the SIH Foundation’s Hope is Home campaign, all were invited to a week-long celebration in February commemorating the great achievement.

We were humbled by the outpouring of support for the SIH Cancer Institute, to say the least. Hundreds of people turned out for our grand opening, many of whom made it possible with their financial and personal support. From behind-the-scenes state-of-the-art technology, to the beautiful healing gardens, to the signed beam of support that rests within; these contributions came from a place inside us all...the mission to give strength to our family and friends battling cancer.

The new SIH Cancer Institute is 42,000 square feet adorned with the soothing feel of nature. A natural “mending wall” runs the length of the building. The structure was designed to be environmentally friendly. In fact, the facility sits in Carterville, nestled up to the Crab Orchard Wildlife Refuge.

“Everything was designed with the patient in mind,” said Jennifer Badiu, System Director of Cancer Care Services. “With patient input, we set out to address a well, thought-out set of needs.”

Within the beautiful design lies powerful strength in fighting cancer. Physician specialists providing cancer care services have offices located in the facility. Additional specialists of the SIH Cancer Affiliated Physicians meet regularly to discuss each patient case. So you get the benefit of not one physician, but a team of cancer doctors and specialists analyzing your case.

Technology is state-of-the-art at the new facility including a new radiation accelerator equipped with the latest stereotactic therapy. Depending on the type of cancer, the new system can be much more targeted, more powerful and reduce the number of patient visits.

The facility is a “treatment facility” meaning that while diagnostics and surgeries still happen in the SIH hospitals, all of the medical treatment happens in an out-patient fashion at the SIH Cancer Institute.

Planners of the Institute wanted to minimize the inconvenience of treatment in multiple locations. “Cancer treatment involves a lot of visits. It’s tough enough without having to bounce around to various locations,” said Badiu. “We’ve put excellent physicians, superior technology, key treatment services and heartfelt support all in one beautiful location.”

“Twenty-three years ago, one of my patients told me, ‘NEVER GIVE UP ON ANYBODY. MIRACLES HAPPEN EVERY DAY.’ I’ve remembered that quote watching this dream of the cancer center become real.”

GEORGE KAO, MD
Radiation Oncologist SIH Cancer Institute

WHAT’S INSIDE?
SIH Medical Group Oncologists & Specialists
Radiation Therapy
Infusion Services
Cancer Rehabilitation
Laboratory
Pharmacy

AMENITIES
Tranquility Chapel
Healing Gardens
Resource Center

BEAUTY WITHIN

GREEN LEAF CAFE

Southern Illinois Healthcare
Annual Report 2015
Mike and Donna Monchino at the SIH Cancer Institute in Carterville, IL
Built by the community, for the community. The fundraising effort to construct the region's first stand-alone, comprehensive cancer center started out as a seed, branched out with financial support from hundreds of individuals, and blossomed into a living testament of the willingness to care for friends and families in our own backyard.

The “Hope is Home” fundraising initiative marked the first major capital campaign for the SIH Foundation four years ago. To date, southern Illinoisans like Mike and Donna Monchino of Herrin have helped raise over $4.9 million in gifts and pledges towards the $10 million goal. Like countless many, the Monchinos experienced the maelstrom of cancer in their own families and the hardship of traveling great distances for treatment. SIH’s mission to provide comprehensive cancer care close to home resonated with them and provided the impetus for their major gift.

“We were moved that we could actually see where the money was going locally; it made us feel good to see bricks and mortar to support the most difficult times in their lives.”

MIKE MONCHINO
SIH Foundation Trustee

“Many of our charitable contributions in the past were to more national types of programs. In learning about the mission of the SIH Cancer Institute, we were moved that we could actually see where the money was going locally; it made us feel good to see bricks and mortar to support others during the most difficult times in their lives,” said Mike Monchino.

This tangible, visible legacy of a place for hope and healing struck a chord with many; over 3,500 individuals with an average gift of $650 donated to the “Hope is Home” campaign in the time leading to the SIH Cancer Institute’s completion.

“Without question, the SIH Cancer Institute is made possible by the significant and generous contributions of many in our region. These contributions came from that place inside so many; a heart to give strength to those battling the disease,” said SIH Vice President of Community Affairs, Woody Thorne. “While our work is not done, we honor those that have helped infuse the SIH Cancer Institute with so much support.”

SIH Foundation
Mike & Donna Monchino

SIH Foundation
Board of Trustees

Rex Budde SIH President & CEO
Marsha Ryan, MD Chair
Jeff Speith Vice Chair
Reverend John Annable Secretary
Sam Goldman, PhD
Terrence Glennon, MD
Mike Monchino
Phil Gilbert
Tim Hirsch
Misty Wright
Last year brought expanded service locations for SIH-RIC Rehabilitation Services. Five new outpatient Rehab Unlimited locations throughout Williamson, Franklin, Hamilton and Saline counties provide us with an opportunity to offer greater ease-of-access and flexibility for those seeking outpatient therapy.

The recent expansion in our outpatient facilities has been, in part, due to the addition of Occupational Performance and Rehab (OPR)—brining us Rehab Unlimited Marion, Rehab Unlimited Harrisburg and Rehab Unlimited McLeansboro. We have added a wealth of knowledge in industrial and vestibular rehabilitation, which give us more tools to meet the needs of our community.

A new Rehab Unlimited location in West Frankfort provides an outpatient rehabilitation site for Franklin county residents in their own backyard. It is part of our commitment to offer convenient healthcare services for the community of southern Illinois.

With the opening of the SIH Cancer Institute, SIH-RIC Rehabilitation Services affords us the unique opportunity to introduce Rehab Unlimited in Carterville. Rehab Unlimited Carterville, which is located inside the SIH Cancer Institute, focuses care on cancer rehabilitation. Recent research has revealed the benefits of rehabilitation before, during and after cancer treatment for improving a patient’s health and their ability to tolerate some treatment side effects.

Because our Rehab Unlimited sites are available throughout the region, we can offer the flexibility to begin rehabilitation at one location and then move to another outpatient site to continue treatment. This seamless service aids patients who might wish to move therapy closer to their residence or place of work.

The addition of our five new Rehab Unlimited locations brings our total outpatient rehabilitation facilities to ten.
Through the hard work of Herrin Hospital’s Acute Rehabilitation team and the support of physicians and the Joint Camp program, we have expanded comprehensive orthopaedic services. Importantly, the Acute Rehabilitation team met the Joint Commission’s national standards of healthcare quality and safety for Disease-Specific Care in hip fracture rehabilitation. Herrin Hospital is the first hospital in the state of Illinois to receive this certification and these standards contribute to an elevated plan of care to better serve the southern Illinois community. The successful outcomes and patient experience of those receiving joint care at Herrin Hospital set our program apart.

The Acute Rehabilitation program at Herrin Hospital is part of an alliance between the Rehabilitation Institute of Chicago and SIH. It is one of only 26 in the nation who have earned the Joint Commission’s certification for hip fracture rehabilitation! The next closest hospital that has achieved the criteria necessary for certification is over 200 miles away.

As part of the evaluation process for certification, Herrin Hospital underwent a rigorous on-site survey and exceeded all criteria for certification. A certified facility must provide continuous, safe, effective care for each patient during their treatment while identifying new opportunities for program improvement and implementing solutions.

The new certification is in addition to Herrin Hospital’s existing Joint Commission certification for hip and knee replacement.
A $488,000 grant from the United States Department of Agriculture (USDA) paved the way for us to usher in the latest era of patient care: telemedicine. The funding enabled us to purchase equipment and make physical upgrades for the peer-to-peer Southern Illinois Telemedicine Network that initially connected seven rural hospitals, including four critical access hospitals, to improve the accessibility and quality of patient care in the southernmost 16 counties.

The initial work involved establishing pathways for advanced stroke diagnosis and treatment while simultaneously creating structure for additional in specialties like fetal ultrasound and behavioral health.

Telemedicine brings healthcare access to rural locations by enabling practitioners to evaluate, diagnose and treat patients remotely using the latest telecommunications technology. Telemedicine allows patients to receive expert medical care without having to travel.

The Southern Illinois Telemedicine Initiative includes:
- SIH as a system
- Memorial Hospital of Carbondale
- Herrin Hospital
- St. Joseph Memorial Hospital in Murphysboro
- Harrisburg Medical Center
- Marshall Browning Hospital in DuQuoin
- Hamilton County Hospital in McLeansboro
- Franklin Hospital in Benton
- SIU School of Medicine
- Illinois Hospital Association
- Connect SI
- Pinckneyville Community Hospital
Imaging Services

CENTRALIZED SCHEDULING

When it comes time for a diagnostic test, we want to choose a location and appointment time that works best for the patient. SIH Imaging Services’ new centralized scheduling gives physicians and their staff greater flexibility and convenience. Physicians and their staff now have one phone number to quickly access multiple locations for imaging appointments.

855.457.0100

By calling 855.457.0100, staff may schedule x-rays, CT scans, MRIs, ultrasound imaging and more at one of eight locations:

- Memorial Hospital of Carbondale
- Herrin Hospital
- St. Joseph Memorial Hospital
- Center for Medical Arts
- Logan Primary Care Herrin
- Logan Primary Care West Frankfort
- Miners Memorial Health Center
- Franklin Medical Arts

In the past year, the average number of calls per month was 13,333. These numbers translate to a yearly average of 160,000 calls for diagnostic testing appointments.

QUALITY HEALTH PARTNERS UPDATE

Progress continued in 2015 for the only clinically integrated network of physicians and hospitals in southern most Illinois, Quality Health Partners. Southern Illinois physicians are leading the advance towards population health, with its emphasis away from volume and towards outcomes, prevention care, and value-based reimbursements.

Quality Health partners physicians and hospitals are utilizing new technology to analyze and inform improved patient care. Performance metrics help with quality monitoring and improvement. A QHP patient registry is the cornerstone of the process that allows over 300 providers to share and monitor online, disease-focused patient information.

As healthcare reform takes root, providers need the tools to improve the quality of care, provide increased access and coordination and do this within an economically sustainable model. Quality Health Partners is the driving force for seeing this come together in the future for southern Illinois.
THE HEALTH OF OUR COMMUNITY

Our enduring legacy is the work extended beyond the hospitals and clinics through the SIH Community Benefits department.

When patients think of SIH, thoughts often reflect upon compassionate bedside care in our facilities and the strong relationships forged with their physicians and care teams. However, one of our enduring legacies is the work extended beyond our hospitals and clinics via the SIH Community Benefits department. This team, trained in community and public health, furthers our mission to provide care and support to this region’s most vulnerable, at-risk populations.

Today, SIH Community Benefits plays a direct role in coordinating initiatives throughout the region based upon the identified and prioritized health needs of the communities served by SIH and its physicians. We do this by working with a network of partners to reduce the incidence rates of pressing health issues by addressing the policies, systems and environmental influences of the health of those residing in our communities.
COMMUNITY HEALTH NEEDS

Our SIH Community Health program starts by assessing the needs of the community. Then we facilitate the overall planning, implementation and evaluation of community-based programs and services based on those needs.

CARDBIOVASCULAR DISEASE & DIABETES

Diseases of the heart account for the leading cause of death in our seven county service area.

DIABETES

7.8% of adults in the SIH service area report living with diabetes

Illinois Behavioral Risk Factor Surveillance Survey, IDPH 2010-2011

27.6% of adults 65 and older in the SIH service area are being treated for diabetes

Centers for Medicare and Medicaid Services, 2012

POVERTY

Living in poverty creates barriers to services, healthy food and other necessities which contribute to poor health

Total Population of SIH Coverage Area

230,300

Total Population of SIH Coverage Area living with income below poverty line

47,308

US Census Bureau, American Community Survey, 2009-2013

SIH COMMUNITY HEALTH INITIATIVES

YEARLY ACCOMPLISHMENTS

Developed and implemented regional chronic disease/diabetes self-management program encompassing 10 counties through the Diabetes Today Resource Teams of Jackson/Franklin/Williamson Counties and Southern Seven Counties

Conducted 6-week Chronic Disease and Diabetes Self-Management Program classes for 60 individuals

Increased the collaborative capacity of local agencies to address health needs through the Healthy Southern Illinois Delta Network (HSIDN) and Healthy Communities Coalitions

Improved access to healthcare services for over 2,200 individuals through collaborations with Shawnee Health Services and Christopher Rural Health Planning Corporation for dental health services and Centerstone Crisis Stabilization Center for mental health services

Collaborated with community partners to conduct high impact screening for 482 southern Illinoisans through events to promote early detection of diabetes and hypertension

Partnered in an ongoing collaborative effort with Land of Lincoln Legal Assistance Foundation (Medical Legal Partnership of Southern Illinois) to assist over 500 low-income patients in improving their health by alleviating the legal stressors in their lives.

MENTAL HEALTH

ONE out of FIVE

16.8% of Medicare adults 65+ in our service area report suffering from depression

Centers for Medicare and Medicaid Services, 2012

SIH serves as a point of access for between 110-200 mental health encounters in the Emergency Departments each month.

SIH Hospital Data, FY15
Our Coordinated School Health program is an initiative designed to prevent and reduce childhood obesity by improving the overall health and well-being of children and adolescents.

SIH partners with the Illinois CATCH on to Health! Consortium which includes the SIU School of Medicine Center for Rural Health and Social Service Development, local health departments, and many others to impact over 20,000 children in over 78% of the elementary schools in the lower 16 counties of Illinois.

8th graders in our service area with a body mass index categorized as overweight or obese

In 2012, it was estimated that 1/3 of US children were overweight or obese

JAMA 2014

32%

2014 Illinois Youth Survey

SIH staff and partners form school wellness committees, develop policies, implement the Center for Disease Control and Prevention’s Coordinated School Health Model, offer training and implement the CATCH on to Health! curriculum. In addition, this work has produced a measurable increase in the time which students are, “moderately active,” in their physical education classes.

A valuable partnership between healthcare and education to improve the health of children and adolescents in the region. Over 4,300 students/families were impacted through Family Fun Nights, school-sponsored 5K’s, math and science nights, Family Vacation Nights and school safety days based upon this collaborative work of SIH and its community partners.

Over 130,000 individuals were impacted by the work of Community Benefits and our many partners.

SIH Health Ministry program aids 50 area faith communities by training and supporting Faith Community Nurses who offer health education and advocacy while emphasizing wholeness of body, mind and spirit within their communities of faith.

YEARLY ACCOMPLISHMENTS

Coordinated School Health reached over 20,000 children in the lower 16 counties of Illinois

= 1000 children

855 Hypertension screenings conducted

50 SIH Health Ministry-aided educational and support programs offered in area faith communities

1500+ Individuals served via educational and support programs offered in area faith communities
INVESTING IN THE HEALTH OF THE COMMUNITY

FACTS & FIGURES

TOTAL $103,601,036

COMMUNITY BENEFITS PROGRAMS
- Community Benefits Programs: $473,393
- Community Building Activities: $479,120
- Grants, Sponsorships & Contributions: $643,072

UNREIMBURSED SERVICES
- Medicare: $59,689,814
- Medicaid: $31,256,915
- Charity: $8,619,753

RESEARCH & EDUCATION
- Education: $2,249,919
- Research: $189,050

INVESTING IN THE HEALTH OF THE COMMUNITY