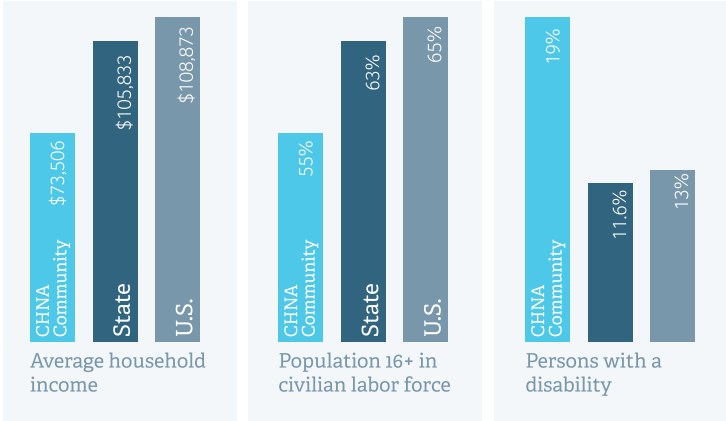


Community Overview

US Census Bureau, American Community Survey 2018-2022



	Population	Average Household Income	Living in Poverty	People 25+ with a Bachelor's Degree or Higher	Persons Living with a Disability
Franklin	37,810	\$66,309	17.8%	17.7%	20.0%
Jackson	53,176	\$67,690	23.0%	35.2%	16.4%
Johnson	13,313	\$78,899	16.5%	16.7%	16.8%
Perry	20,996	\$69,605	17.5%	11.0%	21.5%
Saline	23,662	\$78,176	18.0%	20.2%	23.8%
Union	17,122	\$72,159	20.1%	21.7%	20.2%
Williamson	67,120	\$81,279	13.2%	27.1%	18.3%
SIH CHNA Community	233,199	\$73,506	17.7%	24.0%	19.0%
Illinois	12,757,634	\$108,873	11.8%	36.7%	11.6%
US	331,097,593	\$105,833	12.5%	34.3%	12.9%

US Census Bureau, American Community Survey. 2018-2022

How the CHNA was conducted

Community members, partners, physicians and leaders were surveyed regarding priority health issues to be addressed in Southern Illinois. National, state and local data were assessed focusing on input surrounding demographic, socioeconomic and key health indicators.

Utilizing the data collected, existing plans and goals, input from the community members, community partners and health care providers, the CHNA Advisory Team held a facilitated discussion and prioritization process. Input was then received from SIH Senior Leaders and three priority health issues were selected.

Three implementation teams were formed by experts in these priority areas. The implementation teams discussed current efforts and gaps; reviewed Healthy People 2030 objectives; researched proven intervention strategies and provided guidance in the development of goals, objectives and implementation strategies.

Input received through the following methods:

- » **Community Health Needs Assessment Survey** - 613 individuals responded throughout the seven-county service area.
- » **Key Stakeholder Survey** - 90 people participated, including various physicians and key leaders within the community.
- » **Focus Groups and Interviews** - 37 individuals provided feedback about issues affecting health outcomes.
- » **SIH CHNA Advisory Team** - The 52-member team reviewed the data, provided input and shared their perceptions of overall impact, magnitude of the problem, severity, ability and interest of the community to address the issues, and voted on priority health issues to be addressed.
- » **SIH CHNA Implementation Planning Teams** - Three teams were formed with 56 individuals participating. (Multiple individuals participated in more than one planning team).

Special thank you to those who participated in the data collection, writing, research and graphic design of the SIH CHNA.



To access the full report with appendices, visit www.sih.net/chna

For more information or a free printed copy, contact SIH Community Benefits at 618.457.5200, ext. 67834.

March 27, 2025 | Date adopted by authorized body of the hospital | SIH Board of Trustees



2024 Joint Community Health Needs Assessment & Implementation Strategy

SIH Harrisburg Medical Center | SIH Herrin Hospital
SIH Memorial Hospital of Carbondale | SIH St. Joseph Memorial Hospital

For decades, Southern Illinois Healthcare (SIH) has been at the forefront of identifying and addressing community health needs. Long before the Affordable Care Act mandated Community Health Needs Assessments (CHNAs) in 2012, SIH’s Community Benefits Department partnered with health departments and organizations to evaluate challenges and develop meaningful solutions. Since the 1990s, this collaborative approach has shaped initiatives enhancing the well-being of Southern Illinoisans.

In 2024, SIH’s four-hospital system built on this foundation by conducting a joint CHNA with a broad network of partners. Together, we identified key health concerns and factors shaping quality of life in the region.

The goals of this systematic process were to:

- » Identify and prioritize health issues in the SIH service area, particularly for vulnerable and under-represented populations
- » Ensure that programs and services closely match the priorities and needs of the community
- » Strategically address those needs to improve the health of the communities served by SIH facilities



Priority Health Issue #1

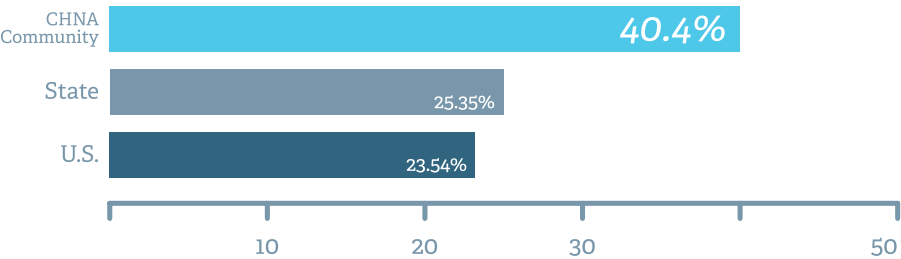
Access to Care

Focusing on transportation

Provider Access

population living in an area affected by a shortage of Primary Care Physicians

US Dept of HHS, HRSA, HP Shortage Areas Database, 2024



12.4%

of adults reported they have not been able to visit a doctor due to cost

IL BRFSS 2020-2023



12.7%

of adults reported they have difficulty understanding information from healthcare providers

IL BRFSS 2020-2023



Goals to Address Access to Care:

- » Identify and respond to social drivers of health (SDOH) such as transportation, housing, etc.
- » Increase community resource connections identification and referrals.
- » Increase access to primary care providers and specialists.
- » Enhance collaborations to increase access to care.
- » Implement efforts to reduce patient appointment cancellations due to lack of transportation.
- » Increase the number of individuals who are gainfully employed in Southern Illinois through economic development initiatives.

Priority Health Issue #2

Behavioral Health

Focusing on mental health and substance misuse



17.9%

adults age 18+ identify as having poor mental health, compared to 15.4% in Illinois and 15.8% in United States

CDC, BRFSS via PLACES Data Portal, 2022



18.6%

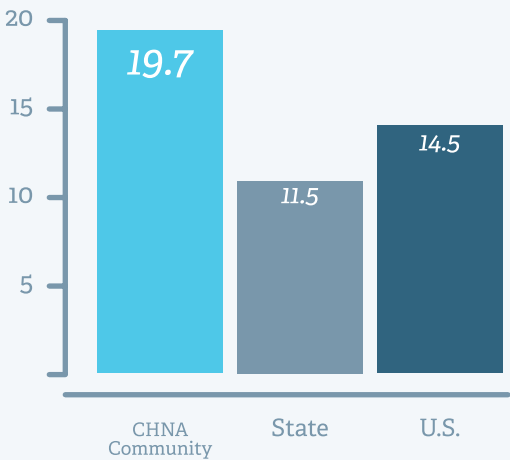
of adults reported they were at risk for acute/binge drinking

IL BRFSS 2020-2023

Suicide Rate

per 100,000 population

CDC – National Vital Statistics System, via CDC Wonder 2018-2022



Goals to Address Behavioral Health:

- » Reduce stigma and increase access to care in responding to mental health challenges and emergencies.
- » Increase awareness and access to mental health and substance misuse services in the community.
- » Implement programs to reduce stigma surrounding mental health.

Priority Health Issue #3

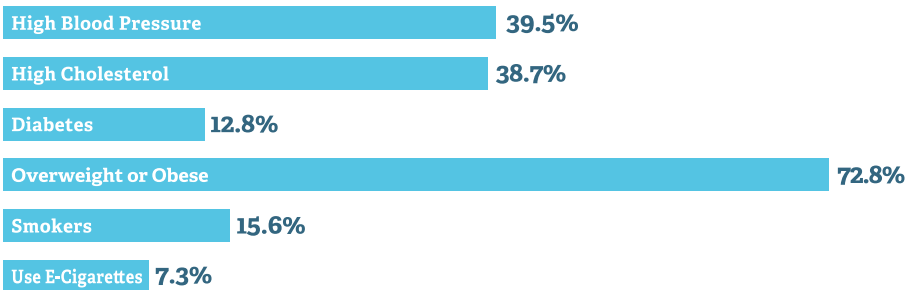
Chronic Disease Prevention, Management & Treatment

Focusing on cardiovascular disease, stroke and diabetes

Prevalence in the CHNA Community

Adults 18 and older

IL BRFSS 2020-2023



95.0

Lung disease death rate per 100,000, compared to Illinois at 42.4, United States 46.0

CDC – National Vital Statistics System, via CDC Wonder 2018-2022



253.9

Heart disease death rate per 100,000, compared to Illinois at 208.6, United States 206.7

CDC – National Vital Statistics System, via CDC Wonder 2018-2022



Goals to Address Chronic Disease Prevention, Management and Treatment:

- » Increase tobacco use prevention and cessation throughout the region.
- » Reduce diabetes, high blood pressure and obesity through targeted interventions and outreach.
- » Collaborate with local organizations to reduce food insecurity.