



Unused Medications?

4 out of 10 teens



who have misused or abused a prescription drug obtained it from their family medicine cabinet.

Unused medication can easily get into the wrong hands.

At-home disposal instructions:

If no medicine take-back programs or DEA-authorized collectors are available in your area, and there are no specific disposal instructions on the label, you can follow these simple steps to dispose of most medicines in the household trash:

1. Mix medicines (do not crush tablets or capsules) with an unpalatable substance such as dirt, kitty litter, or used coffee grounds.
2. Place the mixture in a container such as a sealed plastic bag.
3. Throw the container in your household trash.
4. Scratch out all personal information on the prescription label of your empty pill bottle or empty the medicine packaging to make it unreadable, then dispose of the container.

Sources: [fda.gov](https://www.fda.gov) & [drugfree.org](https://www.drugfree.org)

Unused medications can be disposed of at the following SIH locations:

SIH Memorial Hospital of Carbondale

405 W. Jackson St. | Carbondale, IL 62902

Monday - Friday: 7:30 a.m. - 6 p.m.

Saturday - Sunday: 7:30 a.m. - 6 p.m.

SIH Herrin Hospital

201 S. 14th St. | Herrin, IL 62948

Monday - Friday: 7:30 a.m. - 6 p.m.

Saturday - Sunday: 7:30 a.m. - 6 p.m.

SIH St. Joseph Memorial Hospital

2 S Hospital Dr. | Murphysboro, IL 62966

Monday - Friday: 6 a.m. - 4:30 p.m.

Saturday - Sunday: 7 a.m. - 2:30 p.m.

SIH Harrisburg Medical Center

100 Dr. Warren Tuttle Dr. | Harrisburg, IL 62946

Monday - Friday: 6 a.m. - 6 p.m.

Saturday - Sunday: CLOSED

SIH Cancer Institute

1400 Pin Oak Dr. | Carterville, IL 62918

Monday - Friday: 7:30 a.m. - 3:30 p.m.

Saturday - Sunday: CLOSED