

Discontinuation of COVID-19 Precautions

5/28/2020

Ambulatory Immunocompromised or Non-Immunocompromised

- Follow “Outpatient COVID Result Management” algorithm
 - available on sih.net → Community Clinician Portal → Testing section of topic menu
 - patients given information from clinician portal under patient instructions
- Primary Care Provider (SIHMG or non-SIHMG) to f/u with patient

Inpatient Processes

COVID-19 Rule-Out (Person Under Investigation-PUI) Discontinuing Precautions:

- Confirm negative result in chart
- Determine if patient is improving, or if clinical symptoms are still present, before discontinuing precautions
 - If a high level of clinical suspicion for COVID-19 exists, keep in Rule Out Unit and follow COVID-19 Guidelines for Retesting After Negative Results process
- If improving, transfer to appropriate unit and discontinue precautions
- Inform patient of result and document

COVID-19 Rule-Out PUI Discharged to HOME Pending Results:

- Pt to remain in Rule Out Unit on current precautions level until discharge to home
- Pt given CDC handout “What to do if you are sick with coronavirus disease 2019” (on Clinician Portal)
- Pt to self-isolate
- Pt to call PCP once home

COVID-19 Positive Discontinuation of Precautions Processes

- **Maintain precautions until patient meets the following criteria:**
 - 10 days have passed since symptom onset; and
 - 3 days fever free without the use of fever reducing medication; and
 - Respiratory symptoms are improving
- **Consult facility Infection Preventionist when considering d/c precautions and moving patient to another unit (including Asymptomatic positives)**
- **Once decision is made to d/c precautions, a green “post positive COVID” flag will be placed**

Positive DISCHARGE TO HOME:

- Patients can be discharged when clinically indicated
- Precautions continue at home
- Notify Local Health Department in the county the patient resides of discharge
- Local Health Department will continue to provide direction to patient on precautions
- Pt given CDC handout “What to do if you are sick with coronavirus disease 2019” (on Clinician Portal) at discharge

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DISCHARGE TO NURSING HOME, LTAC, SNF, CORRECTIONS, OR OTHER CONGREGATE FACILITY:

IDPH Guidelines for *Negative and Suspected/Positive* Test Result include the following:

Negative

- For Discharge Planning:
 - Level of precautions continue upon discharge
 - Precautions to next level of care are to be for a minimum of 7 days following the date of COVID test
 - OR at least 3 days have passed without fever reducing medication AND does not exhibit any respiratory s/s

Positive

- Precautions are still required if patient has symptoms from COVID-19
 - For Discharge Planning:
 - Patient should be placed in single room or specified COVID unit
 - Restricted to their room
 - Wear facemask during care activities until s/s are resolved or until 14 days after illness onset, whichever is longer
- Notify Local Health Department in the county the patient resides of pending discharge
- Local Health Department will continue to provide direction to facility on precautions management and subsequent discontinuation
- Patient is transferred with mask applied