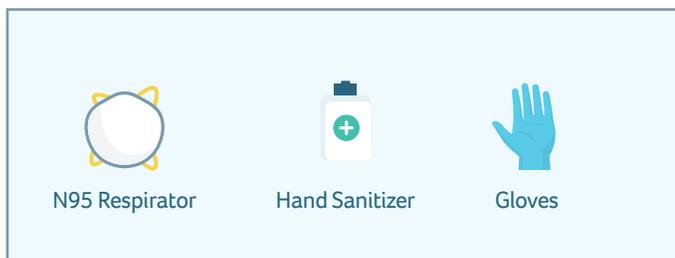


N95 Respirator Mask Instructions

What you need



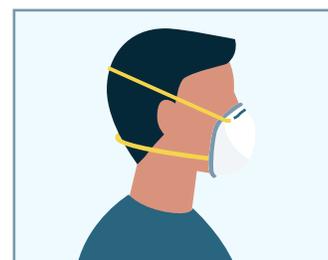
1. **Follow** proper handwashing guidelines and then don gloves.



2. **Position** and hold N95 faceup.



3. **Pinch** top strap and **pull** far over head, ensuring one loop is above ears and other is at nape of neck.



4. **Ensure** proper seal.

N95 Mask Use Instructions

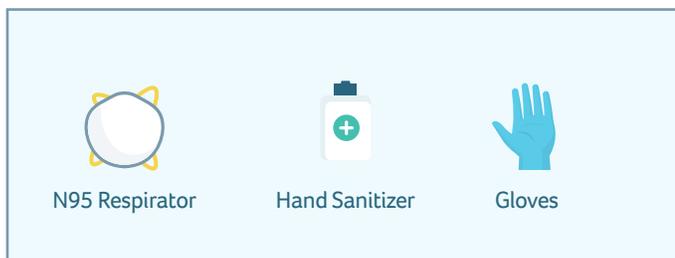
- » Do not fold the N95.
- » Fit-check for air leakage before each use.
- » Discard if:
 - » Physical shape is not maintained.
 - » Mask is soiled or wet.
 - » Or after each patient encounter.

Perform a N95 Fit & Seal Check Each Time

- » Place both hands completely over donned respirator and inhale.
- » If air leaks around nose, use both hands to mold the nose piece to the shape of your nose
- » If air leaks at the edges, adjust straps alongside of your head.
- » Repeat fit check.

N95 Respirator Mask Instructions

What you need



N95 Respirator

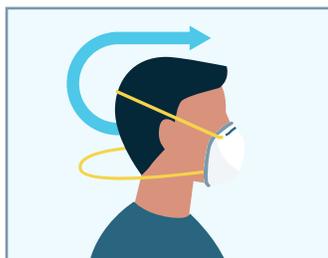
Hand Sanitizer

Gloves

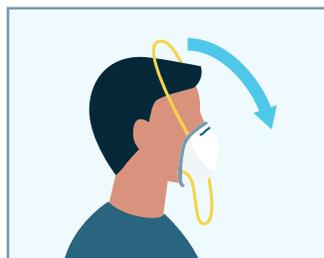
Removal



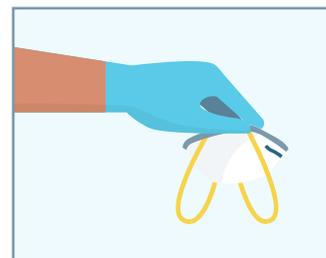
1. **Follow** proper handwashing guidelines and then don gloves.



2. **Pinch** bottom strap and **pull** far over head.
Do not let straps touch mask.



3. **Pinch** top strap and **pull** far over head.
Do not let straps touch your face as you **remove** the N95.



4. **Position** and hold N95 facedown by elastic loops and discard appropriately.

Note

Medical clearance, fit testing and training are required to use N95 respirators when needed for your work. You must be fit tested and trained for the specific respirator you will be wearing. Please contact the Occupational Safety Team if you need to schedule a time to complete the requirements based on this OSHA requirement.

**OSHA Standard: 29 CFR 1910 Subpart I, Personal protective equipment
1910.134 – Respirator Protection**