



Current guidelines indicate it would help to protect our patients and your colleagues if you are not allowed to work at this time. You are to remain off work and self-isolate until cleared by occupational health to return.

Please take the following steps immediately:

1. Please follow your department's established procedure to notify them of your required absence.
2. Please call the SIH COVID-19 hotline to assess your need for care. 844-988-7800.
3. Finally, you must call occupational health at 618-457-5200 ext 67828 within 24 hours to initiate your return to work process. They will also give you instructions on how to self-isolate, resources to help you through this time, and places to find support for you and your family. You are to remain off work and self-isolate until cleared by occupational health to return.

Employee Benefits and Resources

You may choose to use EIB time with no elimination period, ETO, or go unpaid.

Absences of more than three consecutive days must be reported to Matrix at 877-202.0055 for possible Family Medical Leave (FML) and/or short-term disability (STD) benefits. For questions, reach out to Human Resources at 618.457.5200 EXT 67853.

Experiencing emotional and financial stress are highly likely during this time of uncertainty. SIH PAS is a free employee resource. Employee Assistance or PAS support is available 24/7/365 via phone at 800-356-0845 or www.paseap.com. SIH's organization code is 0525.